



A CHILD'S MIND ON TECH

Helping Children Establish
Healthy Relationships with
Technology



Tuesday, July 18, 2023 | 10:30 AM PST - 2:30 PM PST via Zoom

With the proliferation of technology at our fingertips, and an overabundance of stimulation just a click away, we ask... what effect does technology have on a child's mind? This year's Statewide CATTa virtual conference, "A Child's Mind on Technology," will provide research-based methods to help children establish healthier relationships with technology. Speakers will explore the links between technology, addiction, and resilience, and share tips and tools to help parents and children manage its use. This training is free to attend.

With talks from Dr. Anna Lembke, MD, (Professor of Psychiatry and Behavioral Sciences at Stanford University and the author of "Dopamine Nation") and Dr. Jenny Radesky, MD, (Professor of Pediatrics at the University of Michigan), this conference will provide beneficial information for individuals working directly with children -- and anyone hoping to establish a more-balanced relationship with technology in their lives.

REGISTER HERE

Click to register or visit: cirinc.org/events

For additional information, questions, or grievances, please contact Nelle Stanwood donielle.stanwood@cirinc.org or (707) 710-9340

10:30 AM - 11:00 AM: Introduction

11:00 AM - Noon: Jenny Radesky

Noon - 1:00 PM: Lunch

1:00 PM - 2:00 PM: Anna Lembke

2:00 - 2:30 PM Closing Remarks

CECs: All attendees will receive a certificate of attendance. This course meets qualifications for 2 hour(s) of CECs for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences (Provider #128590). CE credit is available for a fee of \$20. The Center for Innovation and Resources, Inc. (CIR) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education. If you would like to cancel your CE or would like a refund, please contact us at the email above.

Produced by the CATTa Center, a project of the Center for Innovation and Resources, Inc. with funding awarded by Victims of Crime Act (VOCA) Victim Assistance Formula Grant Program (Formula Grant Program) and Child Sexual Abuse Prevention state funds (Grant Subaward numbers NC22 16 8567 and SC22 16 8567) through the California Governor's Office of Emergency Services (CalOES).

