

Attachment as a Buffer and Source of Healing for Trauma Survivors

Presented by Karen Buckwalter, LCSW

Research Studies-

- **Gunnar Research:** <https://icd.umn.edu/GunnarLab/>
- **London Blitz:**
https://www.washingtonpost.com/news/retropolis/wp/2018/06/19/what-world-war-iis-operation-pied-piper-taught-us-about-the-trauma-of-family-separations/?noredirect=on&utm_term=.d325a4d2c4e9
- **Ainsworth Video:** <https://www.youtube.com/watch?v=QTsewNrHUUH>

Books/Articles-

- ***Working with Children to Heal Interpersonal Trauma: The Power of Play***
Written by Bruce D. Perry and Christine R. Ludy-Dubson, edited by Eliana Gil, foreword by Lenore C. Terr:
<https://www.guilford.com/books/Working-with-Children-to-Heal-Interpersonal-Trauma/Eliana-Gil/9781462513062/contents>
- ***Ghosts in the Nursery***
Written by Selma Fraiberg:
[https://www.jaacap.org/article/S0002-7138\(09\)61442-4/pdf](https://www.jaacap.org/article/S0002-7138(09)61442-4/pdf)

Additional Resources-

- **Bessel van der Kolk:** <https://besselvanderkolk.net/index.html>
- **Karen Doyle Buckwalter:** Podcast, *Attachment Theory in Action*
<https://attachmenttheoryinaction.podbean.com/>